

PEKIN

Youth Football League



Head Football Coaches Handbook, Responsibilities, and Code of Conduct.

MISSION

The mission of the Pekin Youth Football League organization is to teach football skills to children between the ages of 8 and 14, while implementing the ideals of good sportsmanship, honesty, courage, loyalty and respect for oneself and others.

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Introduction

This document is for use by all Pekin Youth Football League (PYFL) coaching staff as a guideline on how to conduct themselves as members of the PYFL organization. The document will detail expectations for all coaches, misconduct and associated actions, responsibilities of all coaches, practice and team organization, and some football fundamentals.

Safety

This section is not meant to be comprehensive with regard to safety, rather it is meant as an introduction to on-field safety. Always have your team med-kit at all games and practices.

With regard to injuries and illness, the following guidelines are prescribed:

- Stay calm, and try to keep the child calm. For most, this is the first time that they have been hurt, and will be scared by this.
- **DO NOT MOVE THE CHILD IF THEY ARE UNABLE TO MOVE UNDER THEIR OWN POWER.** If this situation occurs, contact emergency medical services immediately. If the child's parent(s) is/are at present, call them over, and appraise them to the situation. If the parent(s) is/are not available, have another coach or parent contact them as soon as possible.
- In the event that a child has to be transported to the hospital, and parent is not at present, a coach or team parent will accompany the child and remain at the hospital until a parent or guardian is present.
- When a child says that they are hurt, believe them. Do not attempt to get them to practice or play in a game if they are physically or emotionally not prepared to do so. Doing so leaves you and the PYFL organization liable for any problems, which may arise.
- Be alert to children trying to hide an injury. This puts the child at greater risk and also other children on the team.
- Talk to your athletes to see if anyone is hurt. An injury may not become apparent until after the practice or game.

Team/Parent Meetings

At least one team/parent meeting should be held by the head coach for all players and their families. This is in addition to the orientation meeting that the PYFL organization holds prior to the start of the season. It is recommended that additional meetings be held throughout the season to foster a good relationship between the coaching staff and the player and their families.

Coaches at a pre-season Team/Parent Meeting should discuss:

- Their philosophy and rules on:
 1. Sideline behavior
 2. Practices
 3. Picking up and dropping off players
 4. Minimum Playing Time Rules

5. Procedures for grievances within the Team
 6. Disciplinary issues and actions
 7. School responsibilities
 8. Fund Raiser requirements
 9. Attendance and punctuality for both practice and games
 10. Away game convoys meeting points
- Coaches should work on improving their coaching skills by:
 1. Attending coaching clinics (JFLOCI Clinic mandatory)
 2. Getting the appropriate license (if available)
 3. Watch competitions
 4. Reading instruction books
 5. Talking to other coaches
 6. Ask a Board Member for help with problem areas
 7. Learn the rules of the game

Dealing with Parents

Parents can be the coach's greatest ally or their worst enemy. Keep in mind the following when dealing with parents.

- Parents often believe that their child may deserve more playing time. To them, their child is a star, and the best player on the team. When approached by this, try to encourage the parent(s) to attend a practice, this gives them the opportunity to observe their child's progress as compared to others on the team.
- Inform parents that any conduct that becomes disruptive to either practice or competitions will not be tolerated, and may result in the parent being asked to leave the event. If the problem becomes excessive, their behavior could result in their child being dropped from the team.
- Parent complaints should be directed to the head coach of the team. Any complaints that can not be handled by the coaches should be directed to the Director(s). If the situation involves multiple parties, their situation may be more appropriately handled through the entire PYFL Board of Directors.
- It is the parent's responsibility to have their child at practice on time. Explain to the parents that it is disruptive to have children arriving late, or not at all. This behavior affects every member of the team, not just their child. Unexcused missed practice can lead to missed playing time. Also, parents should be aware of the time practices are scheduled to end, and be available to pick their child up at this time.

It is important to explain the goals and objectives of PYFL to the parents at Team/Parent Meetings.

- You are the link between PYFL and the community that we serve. Parents and children will look to you for information regarding our association, so be prepared; stay knowledgeable about association activities.
 - If there are questions or concerns from parents or participants, bring them to the attention of the Director(s) in a timely fashion.

Expectations of Coaches

The coach's calling is something we all need to take very seriously. To this end, PYFL has adopted the following guidelines:

The coach understands that they are not there for just their child.

The coach must be aware that he/she may have a tremendous influence, for good or bad, in the life of the player, and thus shall never place the value of winning above the value of the individual player -- his health, character, and development are paramount.

The coach must constantly uphold the honor and dignity of the profession. In all personal contact with players, officials, parents, the media, and the public, the coach shall strive to set an example of the highest moral and ethical conduct. This includes never "playing favorites" in practice or in games, never favoring one's own child above others, and being as fair as possible in assigning positions and playing time. Players need to earn their positions every year, and the efforts and contributions of all players must be recognized.

The coach will always look sharp on the field, whether in practice or in games. You are representing PYFL to the community. UNDERSTAND: Appearance is a vital concern for the organization. You are not only representing yourself, you set the standards for you assistants and your players. No earrings or visible chains. Game Day attire: Coach's shirt, Coach's Badge, appropriate pants or shorts (no camo, torn or holes). Khaki or black colors are preferred.

The coach shall promote academic achievement, always emphasizing that school comes before sports. Where appropriate, the coach shall take an active role in the prevention of drug, alcohol, and tobacco abuse, and shall under no circumstances condone or promote their use.

The coach shall be fully aware of safety issues pertaining to preparing for and playing the game, including but not limited to stretching and warming up, fitting and using equipment, and playing in a safe manner. If you have questions, see the board.

The coach shall be well acquainted with current rules and is responsible for their interpretation to players. Coaches who are relatively inexperienced should feel comfortable approaching experienced coaches to ask for help in this and other regards. Coaches shall always be open to helping each other.

The coach shall be fully prepared for every practice and game, and will see that his assistants are prepared as well. You should have written plans and a schedule for each practice.

The coach will encourage respect and support for officials. Inciting players and/or spectators against officials is prohibited.

The coach should always emphasize sportsmanship by players and spectators, and with his assistants should greet and exchange greetings with rival coaches before and after the game.

The coach shall refrain from using profanity. Disagreements with parents or other coaches should never occur in front of players. Let it go or take it somewhere else.

The coach shall emphasize positive discipline, such as encouragement and praise, over negative discipline. In the long term, ignoring a negative behavior is far more effective than punishing it.

A player can NEVER be summarily dismissed from his team without due process involving the Director(s).

Exceptional Misconduct

The following are grounds for temporary or permanent dismissal of either coaches or players from PYFL:

1. Illegal use of prescribed drugs or narcotics;
2. Stealing or the sale or purchase of stolen property;
3. Use of profane or obscene language and/or acts of vulgarity-,
4. Fighting;
5. Vandalism;
6. Acts found to be in violation of the law.

In the event of exceptional misconduct, one of three consequences may occur:

1. Temporary or permanent dismissal from the program after consulting with the board;
2. A probationary period;
3. Other appropriate action, as determined by the individual circumstances.

The coach, player, or parent may appeal any ruling to the PYFL Executive Board. Understand, coaching is at will and any coach can be removed at anytime.

General Coaches Rules

A coach will not be permitted to use profanity, abusive language, drugs and alcohol or conduct herself in a manner that could be deemed offensive. This rule will apply to all practices and games.

A coach will not transport any participant to or from practices or games, unless approved by the parent.

Coaches will notify the PYFL Director(s) if a problem or situation arises. A coach will rationally discuss with a parent/guardian any problem or situation which may arise. A coach will ensure that there is a third party witness when discussing issues with parents/guardians. A coach is expected to resolve any grievance. If a solution is not reached, the coach is expected to direct the grievance to the PYFL Director(s).

All coaches and participants must participate in any and all PYFL fundraisers. Failure to do so may result in the dismissal of a coach, coaches, and/or the violating participants.

A coach will adhere to all rules and regulations as set forth by PYFL and JFLOCI.

A child's health and well-being will be the first objective for any coach.

Violation of these rules by a coach of PYFL may result in one or more of the following, according to the Exceptional Misconduct section:

- a. Warning
- b. Suspension limited to a lifetime
- c. Fine (incurred fines will be paid by the violating coach)

General Notes

Care of equipment/fields: All equipment must be used and cared for in a responsible manner. Parents may be held financially responsible for the loss of equipment.

Attendance: This is very important. If players are not practicing they will have a greater risk of injury and they put extra pressure on the team and coaching staff as well. Keep a daily record of who is at practice and who is missing. If you have a player who is suited up and is consistently missing practice, then the Director(s) needs to know. We cannot risk the chance of losing several hundred dollars of gear to a family that is not being responsible. Please report all drops right away and collect the gear and return it to the league. If you cannot get the gear try to seek help from the other team parents and or the Board.

Equipment: Stress that kids do not sit on their helmets. Also, the player must always have their game Jerseys tucked inside their waist belt. Anyone caught damaging the gear or field equipment will 1st be warned and if continued will be removed from the team and league.

Field Responsibilities: As a coach you always need to make sure the field is safe from holes, glass or other debris in which players may be injured. Walk the field before every game. You and your team may be required to help set up and or tear down a field on any given game day; you will be given notice which day will be yours. Also, please don't leave any garbage on field (stress to players, families too).

Forms: There is always a lot of paper work involved in being the coach. You must always have your official roster (certified yellow roster) on you with the appropriate emergency and medical release forms attached. Team Binders need to be present at both "Practice and Games."

Post Games: All coaches will assist in the press box (booth) after their game. If you are the last game of the day, you will assist in tearing the field down.

Away Games: There will be schedule for of the first game of the day press box (booth) responsibility. Saturday away teams will be assigned a Sunday first game. Sunday away teams will be assigned Saturday first games.

Discipline and Good Sportsmanship

It is the coach's responsibility to instill discipline and good sportsmanship in their players. Remember, these kids look up to you. They will remember you for a **long time**. How you are remembered is up to you.

Discipline

- Football requires more discipline than most other sports
 - Coordinating effort of 11 children
 - Controlling high levels of physical exertion
 - Instilling mental concentration
 - Football players must control and focus their emotions – which is particularly difficult for young men/women
- Practices are designed for the good of the entire team
 - Distractions by individuals slow the team's progress
 - Undisciplined behavior can erode team chemistry
- As coaches we must teach how to focus energy in a positive and safe manner
 - Acknowledge the role of emotion in football
 - Positively reinforce desired behavior
- If one child cannot follow instructions, corrective action should and will be taken
 - Pull the child aside and explain the negative behavior
 - Pull the child out of the drill until he is ready to participate positively
 - Some physical activity can also be used
 - Burn off extra energy
 - Refocus team and individual on the task at hand
- If a child cannot control his behavior he will be removed from practice and his parents will be called
- Discipline will NOT involve
 - Degrading the child
 - Public embarrassment
 - Physically grabbing the child
 - Excessive physical activity

Good Sportsmanship

- Poor sportsmanship will not be tolerated in any form
 - Poor sportsmanship will be grounds for dismissal for a coach
 - Poor sportsmanship will be grounds for removal from games/practice for players
- Coaches should always be a positive role model
 - Reinforce positive behavior for all athletes to follow
- Examples of good sportsmanship
 - Shaking hands with opponents after a game.
 - Helping an opponent up after a play.
 - Showing concern for injured opponents.
 - Accepting all decisions of the referees
 - Encouraging less skilled teammates
 - Congratulating an excellent effort by opponents
- Examples of poor sportsmanship
 - Trash talking
 - Causing injury to an opponent on purpose
 - Cheating
 - Blaming losses on others
 - Running up the score against opponents

Developmental Differences in Athletes

Coaches will observe developmental differences inherent to young athletes. This includes:

- Put athletes in positions and situations in which their development will let them succeed.
 - Match athletes based on size, skill and aggressiveness
 - Slow down drills as needed to encourage proper technique
- Recognize some athletes mature at different speeds
 - Provide instruction appropriate to the player and their physical skills
 - Encourage the late-maturing athlete

Practice Regulations

Practice is not permitted anywhere except your assigned field at set dates and times.

Practices may not start until the official start date and times as directed by PYFL. Violation of these rules *will* result in coach's suspension or dismissal.

Coaches cannot cancel practice or modify practice times without PYFL consent.

Never leave a child waiting on their parents/guardians by themselves. Never take a child anywhere by yourself. Always have another adult accompany you.

All equipment used must be issued or **approved** by PYFL.

Coach/Referee Communication

Just as much as the playbook, game plan, and defensive schemes are a part of the game of football, so is the relationship between the officials and the coaches. The most important aspect of this relationship is how we both communicate with each other. The old adage of “treat others as you would want to be treated” applies. A coach who constantly yells, berates, and argues with every call, made or not made, loses credibility and respect in the eyes of the officials. In the same way coaches do not respect officials who ignore them, refuse to listen to what they say, or are just plain unapproachable. These types of attitudes foster and maintain an adversarial relationship, which makes the sidelines an unpleasant place for coaches and officials alike. How do we move past that type of relationship towards one based upon mutual respect of the jobs each other is doing? The key is effective communication. Some of the major points are as follows:

Speak to the officials in calm tone: This is hard considering that football is an emotional game and people get caught up in the moment. You would not yell at a police officer in the heat of a traffic stop. Officials are not a police officer, but they are responsible for enforcing the rules of the game equitably for all sides. Officials do not care who wins or loses the game. They do not see teams in terms “Pekin” vs. “Other” but in terms of offense vs defense. Ask your side official for an explanation of the call or the rule. If he doesn't have all the information, he should be able to get it for you. Remember there is a game going on and the explanation may come a few plays later.

Know the Rules: Nothing will destroy your credibility faster than arguing a basic rule or is applying a college or NFL rule to the game governed by High School rules. An example, “that ball was

uncatchable” on a pass interference call does not apply in High School rules. Officials spend a lot of time studying and learning the rules, so they have a good grasp of what the rules are and how to apply them to the junior program. Officials, like other humans, make mistakes and may on occasion misinterpret the rules. But just like a player misses the snap count or commits a foul, these are not done on purpose. Have a copy of you division rules on hand at all times.

Never argue a judgment call: This again is difficult because the call may have gone the other way. The ruling official, in his/her opinion, had a foul or didn't have a foul and calls it like he/she sees it. Remember each official works a specific zone and the other officials may not have even seen what another official sees or doesn't see because they are catching their respective area on the field. Before any foul is administered, the crew gets together and discusses what happened and if anyone saw the play differently, that is the opportunity for other officials to provide input. Remember the officials are not out to “get anyone”. Some other common sense basics are don't call the officials names, attack their integrity, or try to intimidate the officials. These tactics will get you no where accept possibly tossed out of the game. The officials are out there for the same reason you are, for the kids. This is a youth football game and the players and fans are watching and learning from the adult actions and interaction on the field. What type of example will you be? As human nature would have it, how you treat the officials is likely to directly influence the respect and treatment you receive.



HEAD COACHES RESPONSIBILITIES

The role of Head Coach is a large responsibility. Thank you for taking on such an important role in the life of a child. The following is just an overview of some hot topics and important notes to help you through the season. Most of it relates to organizational aspects and how they relate to the League and administration of the season.

1. Once you have been provided with a roster, please be aware that **every child on your roster should receive at least one phone call** from you prior to the season. This will ensure you have a working phone number. It also takes a long time so it is important to get started early. Email is a great tool, but nothing can replace a live conversation. If you so choose to delegate this responsibility please make sure you review the necessary requirements of the phone call with whomever you assign to do it.
2. **Meet with your staff.** Practice plans, philosophy etc. Remember they cannot coach without completing the JFLOCI Coaches clinic. (Coaches Badge) The exception is prior to the clinic. They cannot be on the field for games without a visible coach's badge.
3. **Request your team parent and get them to apply early. Remember, the coach can only suggest a team parent. The Board ratifies and certifies Team Parent appointments just like coaches.** Team Parent is vital part of team and success. Review roster info. Correct name spelling, age, birthdates, address and contact info. Review that often.
4. **Prepare a Parent handout for your parent meeting.** Parent meetings should be conducted within the first week of practice, after orientation. Your letter should cover a welcome to the team, basic practice schedule, small blurb concerning playing time. Verify all birth certificate are accounted for. Remind parents in your letter they cannot be on the practice field for any reason unless they are a coach.
5. Be aware of the PYFL By-Laws regarding Head Coaches duties. It is a lot.
6. **Required Attendance.** One of the responsibilities for Head Coaches is required attendance for a few events. PYFL Coaches' meeting which, are posted on the chalkboard located inside equipment building. Head coaches are to ensure they check to chalkboard prior to practices and games. Head Coaches need to ensure Assistant Coaches attend meetings if required. It is also important that you support PYFL fundraisers and functions. Equipment hand outs, awards banquets, picture day, Tag day, and other PFYL functions should be attended.
7. Information Policies. Pertinent to team mom/dad and coaches, always blind copy (BC) your team distribution lists. Please make sure you copy in the corresponding coaches and Team Mom/Dad of team. This is very important for game schedule and schedule changes.
8. The coach does not have the authority to overrule PYFL Policy.
9. Coaching is not a right, it's a privilege. Keep your staff in line. Watch your sideline demeanor, no matter what. **There is to be no profanity at anytime while in contact with players.** This is a 100% no tolerance rule. **ALL AGES.**
Initials_____
10. **ANY Contact information** you are provided with is the sole property of PYFL, as well as any information you gather while performing duties for PYFL. Email lists, phone lists, and contact info, whether provided to you, or gathered by you can be used for PYFL purposes only. It is our own property just like a football helmet If you leave PYFL, the list may not be used again. These lists and contact information cannot be used for personal, public, or political reasons. Please do not provide this info to anyone who would use it to sell a product or service, or solicit from our membership. PYFL does not endorse any political candidates or parties. Contact lists cannot be used or provided to individuals to send political messages of any kind. Any use of this information outside of PYFL purposes' is forbidden and must be approved by the PYFL Executive Board. Always use "Blind Copy" (BCC) when sending out emails when possible. It will keep people from stealing your distribution lists. Emails sent for ANY reason outside of PYFL activities social, professional or otherwise must be approved by the Executive Board. Initials_____
11. **PII Personally Identifiable Information.** Lots of information these days is private. Birthdates, addresses, schools attended, and everything else should be considered private and only handled by the minimum number of staff members. Team Rosters when disseminated should only include basic info. Please hide and delete any columns that are unnecessary to see.

Divorce and Financial Data are especially private. If a family is participating under a “special financial waiver” or “scholarship program”, only the Board and Treasurer should know. If for some reason that info trickles its way out please remember it is delicate and private. Use Blind copy or BCC anytime you email large groups of people.

You are not allowed to supplement any awards outside of the official awards program.

12. You may not do any fundraisers that have not been approved by PYFL Fund Raising Committee. Outside fundraisers and solicitation during PYFL activities is expressly forbidden. We understand that there are lots of great charities out there, however, we are a non-profit self funded organization, and a registered charity in the State of IL. Any activity such as bake sales, apparel sales, or any other fundraising that takes place using PYFL distribution lists, PYFL Personnel, during PYFL activities must be brought before the PYFL Fund Raising Committee prior to the start of the activity.

13. NO one is permitted to drive in the park for any reason. Please help police this issue. **NO DRIVING IN THE PARK!!**

14. Coaches do not have the authority to change policy set by the board and its by-laws. Individual team attendance policies must be presented to the board for approval. Coaches may not bench a player or refuse them participation from any activity practice, game or otherwise, without prior permission from the board. There is a big difference between a child “losing a spot” for missing a practice to attend a party, and a child being benched in a game. They are two totally different things. This applies to a child missing a scheduled event for illness, for another sport or activity, such as a school event, etc. It doesn’t matter what the event may be. PYFL does not discern between other sporting activities, like dance, Karate, or Soccer, to social events like a grandparents 60th anniversary, to CCD or an outside church activity. They are all the same, and as long as the coach is informed of the absence ahead of time, the absence is excused. You can take away his starting position, you can adjust playing time accordingly, but you cannot “bench” him.. This also applies to disciplining a child for profanity or bad behavior. Coaches must understand that any backlash from these situations goes right to the top of the Executive Board, and if a coach fails to handle these situations in the right way, regardless of how good a coach, he/she can and will be suspended. Bottom line, please covers yourself, and help make it easy on the staff. Watch what you say at all times, there are always people listening. Individual situations like difficult families, child behavior, missed practices; poor performance, lack of participation, cursing, lack of effort should be handled at the lowest level possible, and should be between the fewest members of the coaching staff and the parent of the child, or the child itself. If any disciplinary action such as forfeiture of game time, prohibition from practice, or any extra punishment that need to be administered, it must be submitted to the Director(s) for PYFL for approval. Again, there is a big difference between a player being asked to run laps, do push-ups, stay an extra 10 minutes after practice, or even write an essay, and a player being told he can’t practice or come to game. When communicating who is be disciplined, it’s a good idea to only communicate to those necessary. Announcing to the whole team as to who is losing playing time doesn’t make anyone feel good. Head Coaches have the final say in who plays what and where. No exceptions.

15. Do a very good job early, and often, to make sure your parents understand the playing time. It is YOUR responsibility as a head coach to communicate, and set up proper expectations. It is your responsibility to make sure the parents know the schedule, where their kids are supposed to be and when. This is as important as knowing how to teach a child to throw and catch.

16. Understand that not everyone gets along. Football is a passionate sport. Personalities sometimes don’t go together well, and that’s OK. However, even the perception of dissention among a coaching staff weakens the team, and takes away from true spirit of this game. Keep your individual conflicts off the field. Confrontation among staff cannot ever take place in front of players and families. Should a verbal confrontation take place in an inappropriate setting, you’ll be suspended at the discretion of the Director(s) for the safety and well being of the children and team until you can appear before the Board. It goes without saying that any physical confrontation will result in an immediate suspension.

17. You are all volunteers. However, when you are on the field, during practice or games, at team events, or in the parking lots before and after practice, you are at work. You are expected to act like a professional at all times

THINGS TO BE AWARE OF FOR THE SEASON

Mercy Rules-Gentlemen’s Agreement - This is important. Remember, once you get your comfortable lead, you have to do what you can to minimize a lopsided score. Try to run inside the tackles. No trick plays, counters or reverses. Keep passing to a minimum etc. On defense obviously no blitzes. Reduce number of defensive players on the field. Replace starters if things are out of hand, and at a minimum, play starters out of position. **DO THE RIGHT THING EVEN THOUGH NO ONE ELSE DOES.** Do not flaunt these actions that would be the same as running the score up.

- **Only the Head Coach can speak to a referee.** Breaking this rule can get your Head Coach ejected. If a Coach gets ejected he/she is responsible for the fine.
- Go-live rules. You all know the league has a rule of no contact until duly noted or announced. Contact really means live scrimmage and tackling. You can still hit the sled and mild blocking drills
- Keep you and your staff behind the OOB line and inside the coaching box. No one on the field ever. This is important but we always continue to encroach.
- Make sure coaches have your volunteer slots filled. (Per-game setup, after game cleanup, home game helps if you had an away game). If you have no scoreboard/clock, spotters or announcer ultimately it's the kids that suffer.
- IF you get tossed from a game it is one game suspension and appearing before the board. You pay the fine.
- Your job to ensure your certified assistants attend practice, assist in PYFL functions, and do their part off the game field to ensure other teams have the game experience we would all like to have. Head Coaches need to ensure they have a "Chain Gang" for each home game.
- One of our goals is to prepare these kids to play high school football. It is your responsibility to teach the basic nomenclature for high school play calling. Other requirement may vary and it is your job to implement said requirements.
- Keep the daddyballers out. If you find a coach is mostly concerned with his child and where his child plays, get him off the field. All coaches must coach all children equally, without exception. No tolerance for daddyballers.
- The PYFL will not pay any fines that any coach incurs while coaching for the Pekin JFL.

After team selections each parent/guardian needs a live phone call from the coach. Please review the following with that child's parents.

1. Practice starts/end times. This will change or vary throughout season, however please be aware.
2. Inform parents of any missing or incomplete paperwork. (**Birth Certificate**) If child cannot make practice, going to be late, need to leave early or miss a game what they need to do to inform to the Head Coach. Remind them what constitute an excused absent.
3. Verify your roster info; Birth date, address, and uniform number.
4. If applicable, Parent meeting date. You need to conduct a parent meeting. Please do so within 1 week of team selections.
5. Accepting volunteers however all coaches must pass safety clinic and Background Check. Coaches are not allowed on the field during games without Coaches Badge. This requires attending JFLOCI Coaches clinic.
6. Remaining equipment hand-out dates, times, location.

Why do I coach?

“A coach will impact more young people in a year,
than the average person does in a lifetime.”

By signing this form you have read and agree to the terms and conditions as stated and listed in the Pekin Youth Football League Head Football Coaches Handbook.

Assistant Coaches by signing this agreement means you understand the requirements that the Head Coach must meet and your requirements to assist the Head Coach in his/her responsibilities.

COACH'S NAME (PRINT)

DATE

COACH'S SIGNATURE

PYFL BOARD NAME (PRINT)

DATE

PYFL BOARD NAME (PRINT)